



Sports and recreation

ANDY initiated the sports program in March 2009 after realizing the need to provide equal opportunities for persons with disabilities in sporting activities. We believe that sport is a powerful tool to address the problem of social inclusion and that there is a definite relationship between sports and mental health. Sports contribute to increasing one's mobility skills, competencies, social skills and self-esteem.

Currently ANDY runs four sporting activities for 60 people: wheelchair basketball, table tennis, volleyball (for the deaf), and swimming. All teams have made a tremendous move forward and are quite successful in local events and tournaments: recently our volleyball team brought back two trophies from a prestigious tournament.

In the near future we aim to include also children with disabilities. We want to introduce scouting for children with disabilities, and we prepare to provide sports trainings at special schools.

"Participating in basketball made me realize that I can actually be a winner"

Get involved

Contact us

ANDY would appreciate to get in touch and to receive feedback and new ideas!

Work with us

ANDY welcomes volunteers and interns from all disciplines. Inquire for any opportunities.

Membership

ANDY offers different kind of memberships: from individual to corporate. Please take a look at our website.

Donate

Your donation will help ANDY to reach more people with disabilities.
Please get intouch or consult our website for various donation possibilities for you.



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"A barrier-free society fully inclusive of persons with disabilities."

About ANDY

Action Network for the Disabled (ANDY) is a Kenyan NGO formed by and for youth with disabilities, dedicated to achieving equality, inclusion and empowerment of youth with disability in Kenya.

ANDY seeks to mainstream this youth into all aspects of daily life. All our activities are catered towards self empowerment and growth.

ANDY is an unique initiative that provides an inspiring environment for people with different types of disability – and people without disabilities - to work together.

Disabled people are an uniquely vulnerable group in Kenya: they often end up being hidden for fear of exposure of their problems and disabilities to the larger community.

Although Kenya is now a signatory to the UN Convention on Persons with Disabilities the effective implementation of the rights implied by this is yet to be seen.

"Disability is not inability"

Where we come from

ANDY is the new name of an organization formerly known Kenya Disabled Action Network (KEDAN). KEDAN was founded in 2003 as a community based organization mainly working in Kibera Slums, by young disabled people interested in finding solutions to their problems.

The name change is due to the registration late 2009 as a Non Governmental organization (NGO), which enables us to reach many deserving young disabled people countrywide. Our ambition for the near future is to expand our services to more regions in Kenya.



Martin Kedogo is one of our placement program success story and currently works with the Ministry of Justice and Constitutional Affairs, department of Legal Aid Awareness. He is a wheelchair user.

What we do

Human Rights

ANDY advocates and lobbies for the recognition of the rights of youth with disabilities. We believe we can counter the negative perceptions and stigmatization faced by persons with disabilities through working together with all stakeholders in the country.

Our programmes are focused both on the individual person and the environment within which he/she operates in confronting social problems faced. Guided by the Un Convention on the rights of persons with disabilities as a framework, we seek to affirm that disability rights are human rights issues.

Health and Fitness

ANDY seeks to create awareness on disability and healthcare, fitness and rehabilitation and fights to make these services accessible.

A major challenge is the fight against (the stigma of) HIV and AIDS. Disabled youth represent a uniquely vulnerable group with regards to HIV/AIDS: being often poor and unemployed makes disabled youth uniquely susceptible to rape, drug abuse, and unstable sexual partnerships. As a result, the prevalence rate among people with disabilities has continued to increase. ANDY successfully implemented a Behavior Change Communication Program, started counseling services, developed disability friendly teaching materials and a specialized VCT testing centre. Moreover, ANDY combines reproductive education with the sports program.

"Most often, it is the environment we live in that make us disABLED."

Economic empowerment

One of the major challenges persons with disabilities face is unemployment. An important reason for this problem is the stigmatization of persons with disabilities. Disability is often perceived as 'bad luck', a risk to the company, or just incapability of functioning in a normal job.

In 2008 ANDY combined capacity building with advocacy - and job placement projects. Through intensive lobbying with potential employers, ANDY tries to sensitize them on the rights of persons with disabilities regarding employment and the benefits of employing persons with disabilities. Subsequently ANDY tries to match potential candidates to employers who are looking for employees.

Today ANDY has been able to facilitate the employment of over ten persons with disabilities and enabled over twenty others access internship opportunities from various corporate bodies, government institutions and Non-Governmental Organizations.

