

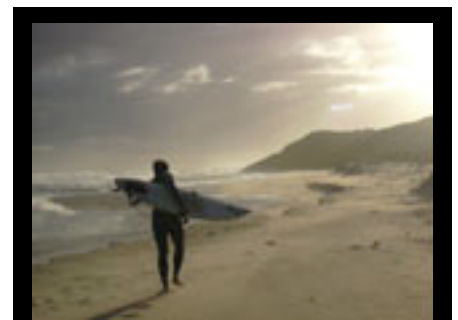


You might think that surfing has nothing to do with the last two years of high school. But the crew from Surfers Assisting Youth Studies; Howie, Danny and Ben, beg to differ. They're spending two years surfing around the world, talking to students about the similarities between surfing and school. We've compiled some information on their amazing adventure, and you can hear more of their stories from the SAYS website; www.saysadventure.com

School and Surfing




When we caught up with the crew as they were travelling through the Kimberley, Ben commented that “the more you look into it, the more you realise that the our journey and the journey of students are the same. They have dreams and goals, just like we did. And they have hardships, problems and issues achieving those goals, so did we.” The SAYS team achieved their goal, and are spending time on their travels hearing about young people’s goals, and how they’re achieving them.

“We’re saying that you need to have a go, famous people have difficulties in achieving their goals, we did, so will you. But that doesn’t mean you shouldn’t try.” The tools that made SAYS a reality are the same skills that young people can use in everyday life - developing a **Dream, Setting Goals, Planning, Staying Positive and Being Motivated.**



A lot of people would say “I can’t do that I’m not you” It was really frustrating because after that journey I believed I could do anything in the world and I thought anybody else could too To think otherwise is self defeating Jesse Martin to SAYS crew

The Crew

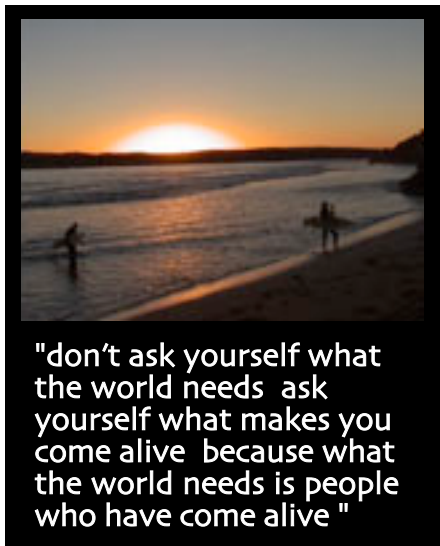
Name & age	Shaun Howard (Howie), 25	Danny Prendegast, 24	Ben Robinson, 24
Jobs - SAYS - Other	Expedition Manager PE teacher	IT support Amnesty Int’l Campaigner	Project Manager Outdoor Ed/PE teacher
Thoughts on school	In senior high school I thought I was bullet proof. I knew I had options, but at the same time I didn’t know what I wanted to do with my life, but this didn’t bother me. I was only 18 years old, so I tried a trial end error approach.	I felt there was so much pressure being placed upon my shoulders, not by my parents necessarily, but just simply through the process of growing up. I would hear stories of young people my own age achieving amazing things, but rather than be inspired, I’d be intimidated.	I can vividly remember in year 12, spending a day in the school library researching what I wanted to become. I spent the entire time procrastinating, because I did not know where to begin!
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catching the wave of your dreams

The Adventure

Setting off from Wollongong in January 2003, the SAYS crew embarked on a 2 year, 160 000 km journey that will take them through 48 countries in six continents, giving them the opportunity to surf the seven seas while interacting with thousands of senior high school students through seminars, school visits, and regular updates on their website (www.saysadventure.com).

The first six months are being spent in Australia, travelling the long way round from Wollongong to Sydney, via dozens of schools and surf spots along the coast of the country. In early July, the team leave for 18 months heading around the world, a seemingly gigantic task. To make it simpler, the team have split the trip into sections - New Zealand, The Americas, Europe/Africa and Indonesia. The full itinerary is available on the SAYS website - <http://www.saysadventure.com/index.pl?page=2>



"don't ask yourself what the world needs ask yourself what makes you come alive because what the world needs is people who have come alive "

Keeping in Touch

Via the SAYS website, the team post a weekly update on where they've been, what the surf's been like, and how the adventure is progressing. As part of the adventure, the SAYS team is not only visiting students in rural and regional Australia, they're looking to hear from young people with ideas and dreams that they want to make, or are making, a reality. You can contact through any of these three channels;

- Email any of the team on the addresses provided,
- Post a message in their virtual classroom, <http://www.saysadventure.com/index.pl?page=4>
- Signup to the monthly newsletter, <http://www.saysadventure.com/index.pl?page=6>

Following Your Own Dreams

The SAYS team have made their dreams come true. They dreamed of going around the world surfing, and in planning the trip, found that what they were trying to achieve needed many of the skills as achieving in life. If you have a dream, tell SAYS about it, tell *ipisi* about, no matter how bizarre it might sound. Most dreams start off being scoffed at and dismissed as fanciful, and because of it, many get dropped.

There are plenty of people out there willing to criticise your idea, ready to tear down your dreams. That's because it's easy to criticise and find fault, anyone can do it. Far fewer people have the courage and the drive to ignore the critics, rising above them to imagine, to create and to act. Three everyday guys who enjoy surfing have shown what it is possible when you follow your dreams by setting goals, planning, staying positive and being motivated.

So tell people about your dreams and ideas; *ipisi* and SAYS are there to listen, help and spread the word.